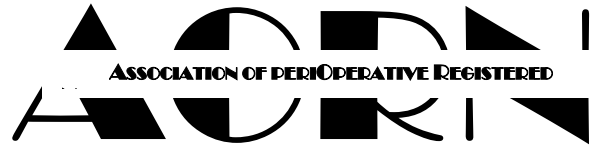


Chapter Chatter



NORTHWEST SUBURBAN CHICAGO CHAPTER #1411

Chapter Website: <http://www.nwsc.org>



President:: Sophia Schild
President-elect:: Kathy Folena
Vice-President:: Jodi Gaski
Secretary: Rose Ladao
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JANUARY 2010

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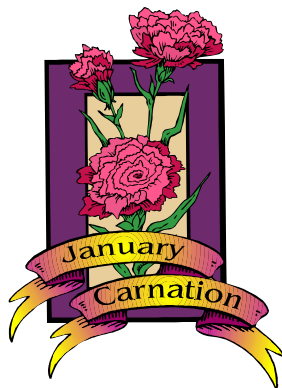
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President's Message for January

Reaching the Peak of Perioperative Practice



Safety • Quality • Collaboration

Dear members,

As we begin 2010, the promise of new year is here with new beginnings. These personal and professional beginnings may be life transforming or just another year for us. The choice of what you do and how you do it is yours alone. You have the power to make changes or keep things the same.

Personally, we may decide to get closer to our families. As we age, we realize that family and friends are vital to our lives. Our parents, children, or grandchildren become our focus. Aging parents are a cause for concern with the many issues that surround them. Children whether young and needing our guidance, older and leaving home, or returning to the nest make us realize that we appreciate them being here. Appreciating others by building bridges with those that we have forgotten and remembering those whom we have neglected. We can change, reach out and forgive for real or perceived hurts.

Professionally, it is a time of renewal when we decide whether to go back to school for that degree, take some courses, embark on a renewed career or make a commitment to get involved in our organization. The need to renew may be spurred by changes at work or our personal needs. Whatever causes us to embark on new paths; we need to take stock of our goals and ambitions. We are skilled knowledgeable workers. This allows us to continue to provide our families with the necessities during these challenging times. Unlike many who have lost jobs, we may be thinking of advancing our career. To advance in our career, we will need to go to school or at least take courses. Going to school is not easy especially if you have not been back for many years. We may use excuses that we are "too old" or "don't have the time" yet we want to achieve our dreams. Our dreams have challenges we may not be able to overcome unless we go back to school. So take that step in this new year, learn new things, and get involved.

Getting involved in our organization can make a difference in your life and career. Push yourself to come to a meeting and get involved with your peers. One day a month is not much sacrifice to open the doors to new ideas or paths. The involvement will not only renew you professionally, but also make you feel good as you join in the fun and learn new things. Part of that learning is attending a presentation about the new recertification requirements using a portfolio.

In 2009, we had many growth opportunities as well as times for fun with our peers. The wine tasting organized by president elect Kathy Folena was not only delightful but also fun. In 2010, we will have a vendor and educational fair with many new and exciting programs. Make a resolution to come and see us at least 3 times in 2010. Happy New Year, the team and I are looking forward to seeing you.

Sincerely,
Sophia M. Schild, Edd, MSN, MAM/HROB, RN, CNOR
Chapter 1411 President 2009-2010

